

START MY LAU	START MY LAUNCH DAYS 1 -7				
NAME:	DATE STARTED:				
Followers/Friends at start:					

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Daily post	Announce your business using a picture or reel	Product curiosity post	Business curiosity post	Post a color block post announcing your Facebook live tomorrow	Your Facebook live	Gratitude post	Product unboxing video -or- Product curiosity post
Daily story							
Add 3 new friends a day (Friend request)							
Comment on 3 stories							
Comment on 5 posts a day							
Invite 2 people to look at information (Seeds of Health)							
Wish friends a verbal "happy birthday" - use voice messaging system (FB Messenger)							
Weekly team huddle							

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