

WEEKLY DMO AND POST	TRACKER FOR DAYS 8 - 91		
NAME:	DATE STARTED:		
# Followers/Friends this week:			

	DAY:						
Daily post							
Comment on every daily post comment							
Daily story							
Add 3 new friends a day (Friend request)							
Comment on 3 stories							
Comment on 5 posts a day							
Invite 2 people to look at information (Seeds of Health)							
Wish friends a verbal "happy birthday" – use voice messaging system (FB Messenger)							
Sponsor new member or ambassador							
Weekly team huddle							

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